



**ME & ADVOCACY  
DISCUSSION STARTERS**



**Begin by defining advocacy, like:**

The giving of public support to an idea, a course of action or a belief.

- Do you remember being an advocate (can be for another person or other creation, the earth, a cause)?
- Has someone advocated for you?
- Think about a time you wished you advocated for someone but didn't.
- Is advocating for yourself important?



**Group Ideas for  
youth exploring  
advocacy & faith**



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**BULLYING**

**Begin by defining bullying.**

What ways do students make fun of one another at school?

ACTIVITY: Draw a picture or map of where students tease or harass other students in, near or via school

Is the bullying physical? Is it verbal?

Discuss ways to respond.



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**HEALTHY & UNHEALTHY  
RELATIONSHIPS**



On a white board or large sheet of paper, make two headings - Healthy and Unhealthy relationships. Ask youth to give examples of each.



**Video:** "Dating Abuse: Tools for Talking to Teens"

from Jewish Women International  
<https://vimeo.com/99610424>

Discuss, including possible advocacy.



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**THE PYRAMID OF HATE EXERCISE**



<https://sfi.usc.edu/education/pyramid/exercise.php>

This exercise was created jointly by the Anti-Defamation League and the USC Shoah Foundation Institute, designed to help educators teach students ages 14-18 about the effects and consequences of bigotry and intolerance.



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