

## Grain

"To confront a person with their own shadow is to show them their own light." Carl G. Jung

### **Field**

"Now when Jesus came into the district of Caesarea Plilippi, he asked his disciples, 'Who do people say that the Son of Man is? 14 And they said, 'Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.' 15 He said to them, 'But who do you say that I am?' 16 Simon Peter answered, 'You are the Messiah, the Son of the living God.'" Matthew 16:13-16

# **Thoughts**

A shadow will cover us for a short time today during the eclipse. In the twilight we may marvel at God's creation. Maybe the rich and varied metaphors attached to shadows will occur to you. What is your shadow side? What does it mean to embrace your shadow? Or do we relate shadows to our having blind spots, fears, contempt, that need light shined on them to be revealed and released?

In an environment filled with uncertainty, contempt for Jesus, and rumors about his identity, he asks his disciples, "But who do you say I am?" His question challenges them to step out of the shadows of any confusion they might have and clarify what they know in their hearts. We are challenged with the same question when the moral compass of our community, state, country or any of our leaders seem off. In the last week, resistance to blatant acts of hatred has been strong in Charlottesville, Boston, and our country. Whether a majority confronts evil or not, God compels us to respond to the question of Jesus, "But who do you say I am?" God forgives us when we get lost in shadows. With grace, in community light shines on our blind spots and we return to answering, "You are the Messiah." We love. Happy Monday!

# **Prayer**

Highly recommended.

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Many blessings upon you,

**Pastor Cindy**